

Mevulak® 135mg + 3.5g / Sachet

(Mebeverine HCl + Ispaghula Husk)

DESCRIPTION:

Mevulak® sachet contains ispaghula husk which is a natural plant material and high in fibre. It works by increasing the bulk of contents of the gut passing through the digestive system. Mebeverine is an antispasmodic drug which relieves spasm and cramps, which occur in the gut causing pain. The combination is used to relieve the symptoms of irritable bowel syndrome and effective in relaxing the spasms of the gut, relieving pain and also helps restore and maintain bowel regularity

COMPOSITION:

Mevulak® Sachet
Each sachet contains:
Mebeverine HCl BP135mg
Ispaghula Husk USP..... 3.5g

PHARMACOLOGY:

Pharmacokinetics

Ispaghula husk has a physical mode of action and does not depend upon absorption from the gastrointestinal tract. Mebeverine HCl has been shown to be nearly completely absorbed following oral administration, but first-pass metabolism is extensive and plasma levels of unchanged drug are very low. This supports the view that it acts directly on the muscle of the gastrointestinal tract, rather than as a result of systemic absorption

Pharmacodynamics

Ispaghula husk is capable of absorbing up to forty times its own weight of water in vitro and part of its activity can be attributed to its action as a simple bulking agent. In addition, colonic bacteria are believed to use the hydrated material as a metabolic substrate. This results in an increase in the bacterial cell mass with a consequential softening of the faeces
Mebeverine HCl is a musclicotropic antispasmodic agent which exerts a direct action on the smooth muscle of the gastrointestinal tract, relieving the spasm without affecting gut motility

INDICATION:

For the symptomatic relief of irritable bowel syndrome

DOSAGE:

Adults and children over 12 years of age

One sachet in the morning and evening, taken half an hour before meals. A third dose may be taken before the midday meal if necessary

Children below 12 years of age: Not recommended

OR

As directed by the physician

DIRECTION FOR USE:

Pour the contents of one sachet into glass of cold water, Stir well and drink immediately

ADVERSE REACTIONS:

- Flatulence and bloating may be experienced during the first few days of treatment, but should diminish during continued treatment
- Anaphylactic reaction, urticaria, rashes and hypersensitivity may also occur

CONTRAINDICATIONS:

- Hypersensitivity to any ingredient
- Intestinal obstruction, paralytic ileus, faecal impaction and colonic atony such as senile megacolon
- Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency should not take this medicine
- Patients allergic to peanut or soya should not take this medicine

PRECAUTIONS:

Pregnancy and Lactation

There are no adequate and well-controlled studies in pregnant women. It is therefore, recommended that, care should be taken in prescribing **Mevulak®** during pregnancy and to lactating mothers

Use in Elderly

There is no indication that the dose need be modified for the elderly

SPECIAL WARNINGS FOR USE:

Check with your doctor before taking medicine if you:

- are aged 40 years or over
- have passed blood from the bowel
- are feeling sick or vomiting
- have lost your appetite or lost weight
- are suffering from severe constipation
- have difficulty or pain passing urine
- have been prescribed diuretic medicine
- have acute porphyria

INTERACTIONS:

None known

OVERDOSE:

In the event of overdose, conservative measures should be taken. The patients may notice abdominal discomfort and flatulence, and attention should be paid to maintaining an adequate fluid intake, particularly if the product has been taken without water, contrary to the administration instructions

PRESENTATION:

Mevulak® 135mg + 3.5g sachet in pack of 10's

STABILITY:

See expiry on the pack

INSTRUCTIONS:

Keep out of reach of children
Avoid exposure to heat, light and humidity
Store between 15 to 30°C
Improper storage may deteriorate the medicine

Manufactured by:
SAMI Pharmaceuticals (Pvt.) Ltd.
F-95, S.I.T.E., Karachi-Pakistan
www.samipharmapk.com

میوولیک®

(میویرین ہائیڈروکلورائیڈ + اسپاگھولا ہسک)

۱۳۵ ملی گرام + ۳.۵ گرام / ساچٹ

خوراک: ڈاکٹر کی ہدایت کے مطابق استعمال کریں

بچوں کی پہنچ سے دور رکھیں

دوا کو دھوپ، گرمی اور نمی سے محفوظ ۱۵ سے ۳۰ ڈگری سینٹی گریڈ

کے درمیان میں رکھیں اور دوا خراب ہو جانے